

Enjoy special  
**Thanksgiving Day**  
classes



The following classes will be held on Thursday, November 26:

**Aqua Spin with Kristy 8-8:45am**

**Yoga Sculpt with Sara 8-8:45am**

**Barre Essence with Rachel 9-9:45am**

**Yin Yoga with Heather 9-10am**

**Aqua Yoga with Ling 9:30-10:15am**

**All Level Yoga with Yonghee 10:15-11:15am**

**TRX with Aya 11-11:45am**

Pre-registration is required as space is limited. Reservations can be made at the front desk or by calling 410-715-3020. For class descriptions, visit [HavenontheLake.org](http://HavenontheLake.org).

